



THE BECOMING LEGACY FRAMEWORK™

A Guided Entry Experience

Reconnect with who you are.
Realign how you live.
Build legacy with intention.

Becoming Through Coaching™
Dionne Vester
Life & Legacy Coach

The Becoming Legacy Framework™ is a proprietary model developed by Dionne Vester



The Architecture Behind This Work

Before we begin, you should know:

This is not a surface reflection exercise.

The Becoming Legacy Framework™ is built on four integrated dimensions:

ECOLOGICAL SYSTEMS

Family. Culture. Context

LEGACY TRANSMISSION

What moves forward through you.

IDENTITY AUTHORSHIP

How you claim your narrative.

7 LEVELS OF BECOMING

Internal growth and awareness.

These dimensions influence how you live inside your roles.

Today, we begin at the entry point:

Roles → Identity → Alignment

In deeper work, we move through every dimension



Entry Layer: Roles

REFLECTION:

What roles have taken most of my energy lately?

Which feel aligned with the person I am becoming?

Which feels misaligned?

List your top five roles. Reorder them based on how you want your life to feel. Pause and notice what shifts.

Roles are visible. But they are shaped by deeper layers.



Entry Layer: Identity + Alignment

REFLECTION:

When do I feel most like myself?

What part of me has been quiet that wants space again?

List your top five roles. Reorder them based on how you want your life to feel. Pause and notice what shifts.

Roles are visible. But they are shaped by deeper layers.



If This Stirred Something

This entry experience introduced the foundation layer of The Becoming Legacy Framework™. In guided work, we move beyond surface reflection into structured exploration of:

- Ecological Systems Integration
- Legacy Transmission
- Identity Authorship
- The 7 Levels of Becoming
- Intentional integration across the roles you carry

This is where awareness becomes transformation.

The Becoming Legacy Framework™ is a structured coaching methodology developed by Dionne Vester to support identity integration, generational awareness, and intentional legacy development.

If something in you feels ready to go deeper, that's not random.

[Click here to book a Clarity Call.](#)

You are not reinventing yourself.
You are authoring your becoming.

In alignment,

Dionne Vester

Becoming Through Coaching™

Developer of The Becoming Legacy Framework™